

NAME	PROVINCIAL HEALTH NUMBER
DATE OF BIRTH	AGE
ADDRESS	CITY/TOWN
TELEPHONE (C) _____ (W) _____	POSTAL CODE
EMAIL	OCCUPATION

Is this a work related injury that may involve WCB? N Y Does this visit involve SGI? N Y Claim Number \_\_\_\_\_

Are you a member of VAF/CAF/RCMP/DND ? N Y Current Medical Doctor \_\_\_\_\_

**HEALTH INFORMATION**

Reason for your clinic visit today? \_\_\_\_\_

When did this discomfort initially present? \_\_\_\_\_ What brought this discomfort on? \_\_\_\_\_

Have you seen any other health care professionals for this discomfort? N Y If yes, describe \_\_\_\_\_

Have you had: X-rays? N Y Date & findings \_\_\_\_\_

CT? N Y Date & findings \_\_\_\_\_

MRI? N Y Date & findings \_\_\_\_\_

Is this discomfort interfering with: Work? N Y Daily Routine? N Y

Do you sleep well? N Y Circle sleep position: Side Back Stomach Are you pregnant? N Y

Any personal injury or motor vehicle collision? N Y Date and nature of injury \_\_\_\_\_

Any surgery? N Y List \_\_\_\_\_ Any medical conditions? N Y List \_\_\_\_\_

Any hardware (plates, pins, screws)? N Y Location \_\_\_\_\_ Any electrical devices such as a pacemaker? N Y

List your prescribed and non-prescribed medications \_\_\_\_\_

Do you participate in regular exercise? N Y Examples of your physical activities \_\_\_\_\_

Alcohol /day \_\_\_\_\_ Coffee/Tea/Cola /day \_\_\_\_\_ Tobacco /day \_\_\_\_\_

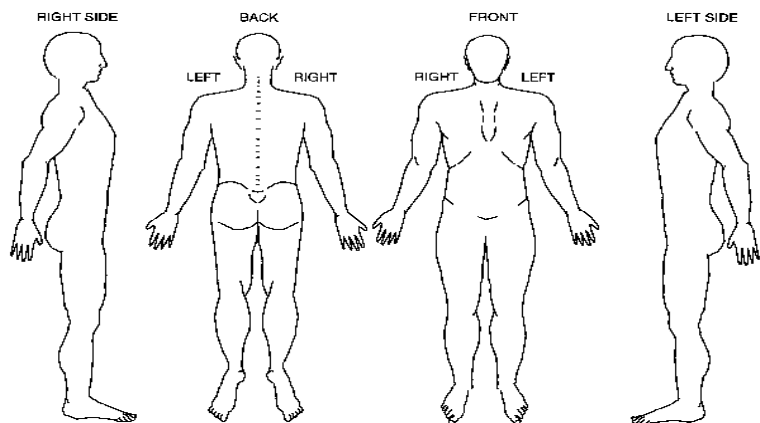
Any unexplained weight change? N Y

**Using the chart below, indicate any health conditions in your family:**

FAMILY	AGE	HEALTH ISSUES
Father		
Mother		
Brother(s)		
Sister(s)		

Using the body diagrams, mark the areas of discomfort:

Circle the words that describe the discomfort:



Dull    Ache    Stiff    Tight  
Sharp    Numb    Burning  
Electric    Tingling    Throbbing

Circle the number(s) that represent the general intensity of your discomfort at its best & worst:

0 1 2 3 4 5 6 7 8 9 10  
No Pain Severe Pain

**CIRCLE** the conditions you **PRESENTLY** experience and UNDERLINE the conditions you experienced in the PAST:

**General Symptoms**

Fever  
Weakness  
Nervousness  
Night Sweats

**Endocrine**

Diabetes  
Thyroid

**Muscles & Joints**

Joint Pain  
Stiffness  
Swelling  
Redness  
Arthritis  
Fractures  
Foot discomfort  
Spinal curvature

**Gastrointestinal**

Ulcers  
Nausea  
Vomiting  
Jaundice  
Gallbladder  
Hemorrhoids  
Poor appetite  
Stomach pain  
Bowel control  
Excessive gas  
Excessive hunger  
Constipation/Diarrhea

**Cardiovascular**

Stroke  
Chest pain  
Heart disease  
Varicose veins  
Ankle swelling  
Atherosclerosis  
Bleeding disorder  
High blood pressure  
Elevated cholesterol

**Respiratory**

Asthma  
COPD  
Emphysema  
Chronic cough  
Spitting up blood  
Spitting up mucus  
Shortness of breath

**Eyes, Ears, Nose, Throat**

Vision - double or blurred  
Eye pain  
Hearing - ring/buzz, loss of hearing  
Ear pain  
Nose - loss of smell  
Throat - pain, hoarseness  
Sinus infections  
Enlarged glands  
Seasonal allergies  
Difficulty speaking or swallowing

**Neurological**

Dizzy  
Fainting  
Seizure  
Clumsy  
Headaches  
Concussion  
Cold hands or feet  
Numbness or Tingling

**Genitourinary**

Bedwetting  
Blood in urine  
Prostate issues  
Kidney/Bladder infection  
Frequent urination  
Bladder control  
Urination - painful, difficult

**For Women**

Irregular cycle  
Breast lumps  
Cramps/Backache  
Painful menstruation  
Menopausal symptoms

Is there anything concerning your health history that has not been asked? \_\_\_\_\_

Have you been treated by a Chiropractor? N Y Dr \_\_\_\_\_

Or with Acupuncture? N Y